# **SNOWSHOEING**



#### What to bring:

- **□** Water-proof winter boots
- □Warm hat / head covering
- **□Gloves**
- □ Neck gaiter, scarf, or balaclava
- ☐Warm socks (wool is great!)
- □Long-sleeve base layer top
- □Long-sleeve sweater
- □Water-proof shell jacket
- ☐ Base layer leggings
- **□Water-proof shell pants**
- □ Water (32oz +)
- ☐ High energy snacks
- □ Extra cash

### What to tell our staff:

- ☐Shoe size (for gaiters)
- □ If you would like a rental daypack, or have your own

## **Provided Gear**

Ski goggles (optional)

**Trekking poles** 

**Gaiters** 

Snowshoes

**Daypack (optional)** 



## **Personal Gear**

Thermal headband / hat / beanie

Gloves & scarf / neck gaiter

Daypack:

Water bottles High energy snacks Spending money

#### Athletic clothing (layers)

- Base wicking, performance materials
- · Insulating fleece, wool, down
- · Shell winter jacket / snow-pants
- Warm socks

**WATERPROOF WINTER BOOTS!** 

