# UConn Club Sports Emergency Action Plan

# **Bolton Ice Palace**

## **Emergency Personnel:**

UConn Club Sports Athletic Trainer will be on site for select practices and events or in direct communication with coaching staff. Emergencies during practices/games not covered, EMS should be contacted immediately.

### **Emergency Procedures:**

- 1) Check the scene
  - a. Is it safe for you to help?
  - b. What happened?
  - c. How many victims are there?
  - d. Can bystanders help?
- 2) Instruct safety officer or bystander to call 911
  - a. Provide the following information
    - i. Who you are
    - ii. General information about the injury or situation
    - iii. Where you are (Provide: name, location of downed athlete, address, telephone #, number of individuals injured, type of injury that has occurred, treatment given, specific directions\*).

145 Hop River Road, Bolton, CT 06043 \*Enter building through main entrance, nearest door to ice is near the stands. 41.785725, -72.438465

- iv. Any additional information
- v. \*STAY ON THE PHONE, BE THE LAST TO HANG UP\*
- 3) Perform emergency CPR/First Aid
  - a. Check airway/breathing/circulation, level of consciousness, and severe bleeding.
    - i. If athletic trainer is present he/she will stay with athlete and provide immediate care.
    - ii. If athletic trainer is not present, most qualified coach (training/certifications) will stay with athlete and provide immediate care.

### b. Instruct safety officer or bystander to GET AED!!

- 4) Designate safety officer or bystander to control crowd
- 5) Contact the Athletic Trainer for UConn Club Sports if not present on scene
- 6) Meet ambulance and direct to appropriate site
  - a. Open Appropriate Gates/Doors
  - b. Designate an individual to "flag down" and direct to scene
  - c. Control injury site, limit care providers etc.
- 7) Assist ATC and/or EMS with care as directed
  - a. Retrieve Necessary Supplies/Equipment
- 8) Document event and debrief