

# Club Sports Safety Officer Training

Fall 2023

**UConn  
REC**

# Safety Officers

- Each team is required to have two Safety Officers
  - Can be a current team officer (president, VP, etc..) or player
- Must have Adult CPR/AED & First Aid Certification
- Submit Injury/Illness Report
- Responsible for Med Kit and requesting restocking of supplies
  - Not all teams are supplied a Med Kit

# CPR/AED & First Aid Certification

- Certification must expire after May 5, 2024
- If a Safety Officer currently holds a valid Adult CPR/AED & First Aid Certification, they can submit the following form: [Safety Officers](#)
  - Proof of Certification must be submitted with form
- UConn Rec will offer classes to those who need Certification
- Teams must submit proof of Certification or take a UConn Rec sponsored class by September 29, 2023
  - Teams who do not have two Safety Officers with Certification by the deadline will be prohibited from practicing and competing until the proper Certifications are obtained

# Accepted First Aid/CPR/AED Certifications

## American Heart Association

- Heartsaver® First Aid CPR AED Training Course Certification
- Basic Life Support (BLS) Certification for the healthcare professional
- Advanced Cardiovascular Life Support (ACLS) for the healthcare professional

## American Red Cross

- Adult First Aid/CPR/AED
- CPR/AED for the Professional Rescuer
- Basic Life Support (BLS) for the Healthcare or Public Safety Professional
- Advanced Life Support (ALS) for the Healthcare or Public Safety Professional

# UConn Rec CPR/AED/First Aid Classes

- September 8 and 15 (3:00-5:00pm in Husky Suite)
  - Link to register will be sent to those who chose UConn Rec Class
- Blended Learning
  - Safety Officers must complete online portion of the class prior to the classroom portion and bring proof of completion
  - Classroom portion will include further learning and practicum
- Certification is valid for two (2) years

# Emergency Responsibilities

When an Athletic Trainer is not present a Club Sports Safety Officer is expected to assist the site manager in an emergent situation.

This may entail any of the following:

- Assist in First Aid/CPR (only if certification is up to date)
- Retrieving an AED or Team/First Aid kit
- Calling 911
  - Use a landline when possible. If calling from a cell phone on-campus ensure you have reached UConn Fire Department for a quick response.

# Example ERP for Recreation Turf

- **Emergency Procedures:**

1. Perform Emergency CPR and First Aid
2. Instruct Club Sport Site Manager, coach, or bystander to call 911 or 860-486-4925
  - a. Provide the following information
    - i. Who you are
    - ii. General information about the injury or situation (Provide: name, address, telephone #, number of individuals injured)
    - iii. Where you are with specific directions\*
      - **Jim Calhoun Way**
      - **\*Take Jim Calhoun Way from Separatist Road. Go past the ice rink. The entrance to the Recreation Turf Field is on your left, right after you pass the Ice Rink. Turn into the small parking lot on the left.**
  - i. Any additional information
  - ii. **\*BE THE LAST TO HANG UP\***
3. Contact the specialist athletic trainer or competitive sports staff.
4. Meet ambulance and direct to appropriate site
  - a. Open Appropriate Gates/Doors
  - b. Designate an individual to "flag down" and direct to scene
5. Control injury site, limit care providers etc.
6. Assist Athletic Trainer/EMS with care as directed
7. Retrieve Necessary Supplies/Equipment

ERPs for all Recreation Facilities can be found on the Athletic Training page of our website



# Injury/Illness Reports

- Must be filled out by Safety Officer or Team Leadership after any injury that occurs during a team activity and a Competitive Sports Athletic Trainer and/or Site Manager is not present
- Link to form can be found on the Team Resources page of the website
- Form must be submitted within 24 hours of the injury
- [Injury/Illness Form Link](#)
- Competitive Sports staff will follow up with injured athlete to advise on next steps



# Injury/Illness Report



Time, date, location, brief description, and severity



Person Involved



Injury, action taken, and care provided



Witness Account











Description of Accident

# Time, Date, Location, Description & Severity

Brief Alert Text Description - should be both succinct and specific

Include:

1. Activity/program/affiliation at time of accident
2. Injury type and location

Date of Accident	Time of Accident
01.12.2022 	9:55 AM 
Competitive Sports 	Off-campus 
Soccer Athlete - L Lower Leg Injury 	
<b>Severity:</b>  Code Red - EMS (A)  Code Orange - EMS (A)  Code Yellow - No EMS	

# Person Involved

## Person(s) Involved

- If multiple parties are injured within the same accident, fill out separate reports for each

**Person(s) Involved**

Member     Non - Member     Employee - on duty

**Affiliation**

Student     Faculty/Staff  
 Community     Other

Member ID

John    MI    Doe

123 High Street    Apartment / Unit #

Storrs    Connecticut    06269

(123) 456-7890    Alternate Phone

john.doe@uconn.edu

**Gender**     Male     Female     Other

# Injury, Action Taken and Care Provided

## Injury

- You must click the (+) Add Injury button at the end of this section to document the injury

Activity at the time of accident?

Climbing Wall

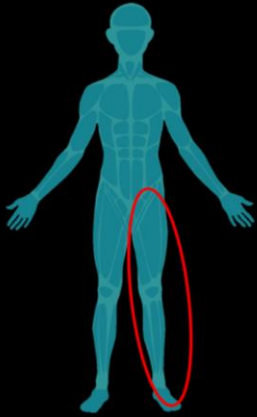
Suspected Nature of Injury

General  Body Part Injured

Fracture Suspected

Suspected Body Part Injured  
Tap the injured body area on the diagram

Ankle (L)  
 Calf (L)  
 Foot (L)  
 Glute (L)  
 Hamstring (L)  
 Hip (L)  
 Knee (L)  
 Quad (L)  
 Shin (L)  
 Toe (L)  
 Other, specify in notes



Immobilized

No Injury Added

+ Add Injury

Care Provided

Type of Injury	Body Part Injury	Action Taken
Fracture Suspected	Shin (L)	Immobilized

# Witness Statement

## Witnesses

- Every report should have a witness statement.
- Statement should be factual, short, and written in the point of view of the witness

Witness Status  Member  Guest  Employee

Jane MI Doe

Home Phone Alternate Phone

jane.doe@uconn.edu

**Description of Accident**

The victim was making a run up the field when he slipped and twisted his left leg. I heard a loud pop when he landed. I helped him off the field and called an ambulance.

# Description of Injury/Illness

## Officer Completing Report

- This section is where a bulk of the information will live.  
This is where you answer the questions who, what, when...etc.
- Accurate, Brief, Clear

Employee Completing Report

Donald MI Quinn

Home Phone (860) 917-1337

donald.quinn\_iv@uconn.edu

Description of Accident

My teammates called me over from the sideline and I saw them gathered around John. John was on the ground in obvious pain holding his left lower leg. He had fallen while running up the field. I helped him off to the sideline and kept him immobilized until the ambulance arrived.

Additional Information

SUBMIT

# Med Kit

- Selected teams are supplied with a Med Kit at the beginning of the school year
- Safety Officers or Team Leadership can request to restock supplies for their Med Kit via the form on the Team Resources Page of the website
- [Club Sports Team Medical Kit Restock Request Form Link](#)
- Teams must turn in their Med Kit by May 3, 2024 or when they are done competing
  - Teams that are competing past May 3 must inform the Competitive Sports office when they will return their Med Kit